## Claims

- 1. Crank assembly comprising: an axle, said axle comprising at least at one end thereof an engagement section, said engagement section comprising a central bore with a first inner threaded section, said assembly further comprising a crank arm with an opening, where said engagement section is at least partially received in said opening, said assembly further comprising a bolt with a first outer threaded section, said bolt being engaged with said first inner threaded section of said engaged section, said bolt further comprising a first tool-engaging hole, said assembly further comprising a stop element inserted in said opening, said stop element comprising a second outer threaded section and a second toolengaging hole, where said opening comprises an second inner threaded section engaged with said second outer threaded section, and where said second tool engaging hole has a diameter larger than said first tool-engaging hole, and where said first tool-engaging hole is accessible from an axial direction through said second tool-engaging hole.
- 2. Crank assembly according to claim 1, where said first and second tool-engaging holes are shaped as multi-sided holes of hexagonal cross-section.
- Crank assembly according to claim 1, where said bolt comprises a first and second end, where said first end is configured as a flange.
- 4. Crank assembly according to claim 3, where said stop element comprises a recess, in which said flange is at least partially received.

- 5. Crank assembly according to claim 1, where said stop element has the shape of a disc.
- 6. Crank assembly according to claim 1, where a friction-reducing separation element is provided between said bolt and said stop element.
- 7. Crank assembly according to claim 1, where said opening comprises a connection section, said connection section comprising a number of longitudinal webs defining grooves between them on the inside.
- 8. Crank assembly according to claim 7, where at the end of said connection section the ends of the webs form upper edges, said assembly further comprising a washer element received in said opening and abutting against said edges.
- 9. Crank arm assembly comprising a crank arm, said crank arm comprising an opening for fixing an axle thereto, a bolt which can be inserted into said opening, said bolt comprising a first outer threaded section and a first tool-engaging hole, a stop element comprising a second outer threaded section and a second tool-engaging hole, where said opening comprises a second inner threaded section engageable with said second outer threaded section, and where said second tool-engaging hole has a diameter larger than said first tool-engaging hole, and where said first tool-engaging hole is accessible from an axial direction through said second tool-engaging hole.

- 10. Method for dismounting a crank arm from an axle, including the steps of
  - a. providing a crank assembly comprising an axle, said axle comprising at both ends thereof an engagement section, said engagement section comprising a central bore with a first inner threaded section, said assembly further comprising a crank arm with an opening, where said engagement section is at least partially received in said opening, said assembly further comprising a bolt with a first outer threaded section, said bolt being engaged with said first inner threaded section, said bolt further comprising a first tool-engaging hole, said assembly further comprising a stop element inserted in said opening, said stop element comprising a second outer threaded section and a second tool-engaging hole, where said opening comprises a second inner threaded section engaged with said second outer threaded section, and where said second tool-engaging hole has a diameter larger than said first tool-engaging hole, and where said first tool-engaging hole is accessible from an axial direction through said second tool-engaging hole;
  - b. inserting a first tool of a first diameter through the second tool-engaging hole into the first tool-engaging hole;
  - c. turning said first tool to unscrew said bolt from said engagement section, thereby pushing said engagement section out of said opening in an axial direction;
  - d. extracting said first tool from said first and second tool-engaging hole.
- 11. Method for dismounting a crank arm from an axle, including the steps of
  - a. providing a crank assembly comprising an axle, said axle comprising at both ends thereof an engagement section, said engagement section comprising a central bore

with a first inner threaded section, said assembly further comprising a crank arm with an opening, where said engagement section is at least partially received in said opening, said assembly further comprising a bolt with a first outer threaded section, said bolt being engaged with said first inner threaded section, said bolt further comprising a first tool-engaging hole, said assembly further comprising a stop element inserted in said opening, said stop element comprising a second outer threaded section and a second tool-engaging hole, where said opening comprises a second inner threaded section engaged with said second outer threaded section, and where said second tool-engaging hole has a diameter larger than said first tool-engaging hole, and where said first tool-engaging hole is accessible from an axial direction through said second tool-engaging hole;

- b. inserting a first tool of a first diameter through the second tool-engaging hole into the first tool-engaging hole;
- c. turning said first tool to unscrew said bolt from said engagement section, thereby pushing said engagement section out of said opening in an axial direction;
- d. extracting said first tool from said first and second tool-engaging hole;
- e. inserting a second tool of a second diameter into the second tool-engaging hole, said second diameter being larger than said first diameter, and turning said second tool to unscrew said stop element from said opening.